

To: Dr. Benjamin Stephens, Charlottesville Integrated Psychiatry  
From: Client A  
Re: Dr. Brian C. Hocking  
Date: February 27, 2023

Your former colleague Dr. Brian C. Hocking voluntarily surrendered his right to renew his license in lieu of disciplinary action on November 22, 2023. I am Client A.

I filed my complaint against Dr. Hocking on September 4, 2020. I wanted to reach out to you in 2021 when you took over for **Dr. Virginia Bayliss (Individual B)**, but stayed silent. I now regret that decision.

The working relationship between Dr. Bayliss and Dr. Hocking was highly problematic and resulted in harm to me and at least one other client with whom I've spoken. They referred and shared clients in an unethical manner, sometimes without disclosing their personal relationship. They threatened to withdraw psychiatric care if a client wanted to see a different therapist. They abandoned patients and terminated longstanding relationships in terse emails with language such as **"I'll pass"** or **"You're no longer worthy of being a patient."**

I feel it's imperative that you read the enclosed Notice and Consent Order. The story represented in these documents is not unique. The harm caused is deep and far-reaching within our community, but the truth is finally coming to light thanks to the VA Department of Health Professions and Reddit (see excerpts below).

**"As someone who works in the same profession, Dr. Hocking was not well regarded. A number of patients experienced unethical treatment and later sought therapy from his treatment. It is my belief he has caused significant harm. There were a number of complaints filed and unfortunately the process took longer than it should have. As of today he is no longer able to practice in the state of Virginia."**

**"Dr. Hocking was extremely unprofessional. A therapist of mine urged me to file a complaint, but I was too anxious and just wanted to put it behind me. I deeply regret that decision."**

**"Thank you to the person who finally turned in Brian Hocking for unprofessional conduct, among other things. (See license lookup on VA Dept of Health Professions website) As I read the violations and specifics of the case, I realized that it could have been written by me as the exact same thing happened during my 'therapy'. I wish I had been strong enough to file the report myself. He is no longer able to destroy lives..... hallelujah."**

Dr. Bayliss' name is included in your bio on the Charlottesville Integrated Psychiatry website. Your own name is paired with Dr. Hocking's on signage at 154 Hansen Rd. I hope that you'll read these documents and make necessary changes.

Thank you for your time.

To: Charlottesville Integrated Psychiatry  
From: Client A  
Re: Signage at 154 Hansen Road  
Date: February 27, 2023

I bring to your attention a critical matter concerning the continued presence of Dr. Brian C. Hocking's name on the signage at 154 Hansen Road, despite his voluntary surrender of license renewal rights in lieu of disciplinary action on November 22, 2023.

It is imperative, given your association with an office bearing Dr. Hocking's name, that you carefully review the enclosed documents. The testimonials reveal a pattern of unethical treatment, causing deep and lasting harm to individuals seeking therapy. The harm caused is widespread, as revealed by the VA Department of Health Professions and Reddit testimonials (see excerpts below).

**“As someone who works in the same profession, Dr. Hocking was not well regarded. A number of patients experienced unethical treatment and later sought therapy from his treatment. It is my belief he has caused significant harm. There were a number of complaints filed and unfortunately the process took longer than it should have. As of today he is no longer able to practice in the state of Virginia.”**

**“Dr. Hocking was extremely unprofessional. A therapist of mine urged me to file a complaint, but I was too anxious and just wanted to put it behind me. I deeply regret that decision.”**

**“Thank you to the person who finally turned in Brian Hocking for unprofessional conduct, among other things. (See license lookup on VA Dept of Health Professions website) As I read the violations and specifics of the case, I realized that it could have been written by me as the exact same thing happened during my 'therapy'. I wish I had been strong enough to file the report myself. He is no longer able to destroy lives..... hallelujah.”**

I implore you to read these documents and take immediate action to remove Dr. Hocking's name from the signage. The well-being of future clients relies on maintaining a safe and trustworthy environment.

Thank you for your prompt attention to this matter.